

## **Press Release**

FOR IMMEDIATE RELEASE Contact: Allison Hulshof, Marketing Manager

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## **CFR's Same Day Access Now Includes Evening and** Weekend Availability Starting October 15th, 2018

Community & Family Resources (CFR) has been an avenue to various kinds of treatment for substances, gambling, and mental health for 50 years to the residents of Fort Dodge and surrounding areas. The necessity of maintaining accessible treatment and convenience for their current and future clients continues to be an area of ongoing adjustment. The CFR Outpatient Clinic, located at 1506 31st Ave. N. in Fort Dodge, will be adjusting their hours of Same Day Access Evaluations to the following:

> Monday: 10:00 AM - 3:00 PMTuesday: 10:00 AM - 3:00 PMWednesday: 2:30 PM - 6:30 PMThursday: 10:00 AM - 3:00 PM10:00 AM - 3:00 PM Friday:

If you or someone you know might be considering treatment for substances or gambling, this is where one starts. Simply come to the CFR Outpatient Clinic during the hours listed above, and an Evaluation will be provided. In order to streamline your visit, we ask that you access our website at cfrhelps.org and complete the intake forms that are found in the Client Portal. If you are unable to attend these hours, you may schedule an Evaluation for Saturdays beginning October 20th within the hours of 9:00 AM – 12:00 PM. After your evaluation, an appropriate level of care will be discussed with you or your loved one, as well as the next steps to be taken.

Community and Family Resources offers substance abuse, mental health, and problem gambling treatment and prevention services. Counties served by CFR include Boone, Calhoun, Franklin, Hamilton, Hardin, Humboldt, Pocahontas, Story, Webster, and Wright. In Fiscal Year 2017, CFR offered treatment services to 3,000 individuals and offered prevention services to schools,





businesses, and community groups, reaching 13,000 individuals. For additional information, please visit CFR's website at www.cfrhelps.org or call 515-576-7261.